

## Reference Letter

To Whom It May Concern,

I am pleased to recommend Olivia as she begins her journey into coaching and leadership development.

I have had the privilege of working closely with Olivia over the past two years in a coaching relationship focused on personal growth, emotional maturity, and relational awareness. During that time, I have watched her engage her own story with honesty and courage, and the progress she has made has been both meaningful and lasting.

Olivia has demonstrated a consistent willingness to reflect, take ownership, and grow. She has done the deeper work—not just learning concepts, but integrating them into how she thinks, responds, and relates to others. This kind of internal development is what gives a coach credibility, and she has shown that she is committed to that process.

Her natural disposition, combined with her steady and thoughtful presence, allows her to create a safe and supportive environment for others. She listens well, is patient in her approach, and brings a level of care that helps people feel seen and valued. These qualities are especially important in coaching, where trust and emotional safety are foundational.

I believe she has the capacity to guide others with both compassion and clarity. While she will continue to grow—as all good coaches do—she has a strong foundation and the character to steward this work well.

I recommend her with confidence and believe she will be a positive influence in the lives of those she works with.

Please feel free to reach out if you would like any additional insight.

Sincerely,

Gary Parks

